

2016-07-18 Monday Esther Marek Connell English notes

monologue

dialogue

2 persons people

[cálchə] culture

[véchtebels] vegetables and all kinds of foods.

I don't used to usually eat fast food.

Ready made meal (comidas preparadas)

It's important to intake consume the correct nutrition.

To sustain ourselves in our daily lives.

carbohydrates

You have to control your sodium

intake (el consumo/captación).

at the base.

desireable

I'm going to talk about

being vegan.

In fashion (esta de moda)

Out of fashion

Fashion come and fashion go.

It is trendy.

[fashnebul] fashionable

Esta/ este/ esto	This (sl) That (sl)	kind (sl) type (sl) of + object (sl)
Otro	Another	sort (sl)
estas/ estos	These (pl) Those (pl)	kinds (pl) types (pl) of + object + s.
Otros	Others	sorts (pl)
Aquello/ aquella/ aquel	That (singular)	(One) over there
Aquellos/ Aquellas	Those (plural)	(Ones) over there

To have all kinds of foods.

People who don't eat vegetables.

People who consume big amounts of meat.

They make us to consume a lot of meat.

They put chicks in a farm (granja) and they

hardly can hardly move their entire

(entero) lives.

The Atkins diet has become very famous.

To consist of (verb+ing)+object

High

carbohydrates

the food that are allowed.

To break break down the food.

[deíncheres] dangerous (peligroso) ways of diets eating/dieting.

Drug

Industry

Big amounts of sugar.

It is worse than eat eating sugar.

Occasionally

"Who" for people.



"Which" for things.

Tree

Crop (cosecha)

Vegetables which need a lot of water.

Sub	want need would like make	object that me / him / her that / us / them that	to + verb (+object) verb (+object)
	que tu	object you	Hagas
	"I want you to do the homework" "I can't make you stop smoking."		

Kitchen	
Chicken	
To cook	(cocinar)
Food	(comida)
Lunch	(comida≈14:00)

Diseases

chemicals

[pródakts] products

pest (la plaga/ el plumazo /el latazo/pelmazo)

pesticide

made up of (composed of)

nitrogen

compound

off course (por supuesto)

[fruut] fruit

[orinch] orange peel

the coast (la costa) of organic (biológico) food.

You need more

Land (tierra)

has that mean...

profit

famine (hambruna)

It produces that land (tierra) get drier.

In that those regions there is not no water available.

Even There are even people

watching...

You cook much a big quantity.

You throw it to the rubbish away.

There is more social awareness.

doggy bag (a takeaway bag)

Cosy (acogedor)

Quaint (charming (encantador))

Physics

Chemistry

Maths

Biology

Economics

at	→ tomatina
To throw to	→ basketball
into	→ the rubbish bin
+object (away) (out)	to in the street. (tirar fuera)
litter (irresponsible rubbish)	
Throughout (a lo largo de)	

COORDINATING CONJUNCTIONS			
for	and	nor	but or yet so
SUBORDINATING CONJUNCTIONS			
Time	Cause/Effect	Condition	Contrast
After	Whenever	As long as	Although
Before	Where	So long as	though
When	Because	Unless	Even though
Since	So	Provided that	Whereas
Until	So that	If	While
As soon as	Now that		Even if
While	In order that		Whenever
	As if		However
	Whether		In spite of
			Despite
CORRELATIVE CONJUNCTIONS			
both...and		neither...nor	
Not only...but		either...or	
		whether...or not	

C1 speaking Esther

1.- Speak about food related with:

- health

- organic
 - more expensive.
- spirulina
- vegetarian or meat?
- eating late.
- juicing
- cholesterol
- salt.
- 5 fruit and veg ^{minimum} a day.

- famine

- greed
- [draut] drought (sequia)
- monopoly
- ~~an-cho~~ (ONG)
- charities doing enough?
- governments fault.
- developed and developing countries
- GMO a solution?

- obesity

- fast food.
 - Hamburgers do not disintergrate=artificial.
- lack of exercise
- sedentary lifestyle
- dessert culture
- sugary food^s.
- Fizzy drinks.

- sports

- protein powders.
- meat
- energy drinks. (red bull/monster)

- Africa

- Famine (hambruna).
- GMO^s genetically ~~modificate~~ modified food
- World greed (la gula, la codicia)

2.- Threads of culture:

- Trade

- globalisation
- corporation
- Brexit

- ikea -local furniture shops
- chinese cheap goods (**bienes**)
- agriculture

• Immigration

- religion
- advantages /disadvantages.
- Dilution of culture

• Tourism

- Fallas/bullfighting
- advantages /disadvantages.
- seasonal
- misbehaviour abroad.
- destruction of the environment.
- Benidorm
- Salou
- conflict work /depend on tourism

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• Fast food

- local restaurants
- obesity
- sugar -Children with lack of attention at school.
- local farming/food
- damage to wildlife/land/ecosystems/pollution.

• Internet

- privacy
- surveillance
- easier to travel

3.-Does technology increase cost:

Intro: Time is money. Technology saves time but costs money.

• Life

- the information age
- Electricity/gas/water monopolies.
- solar energy.
- mobile phones. Digital TV services.= information

• Health

- pharmaceutical companies= monopolies.
- the flu (**la gripe**) (you could die in the past.)
- M.r.ⁱ scanner (**un t.a.c**)
- kidney^(riñón) dialysis machine. (**máquina de diálisis renal**)
- vaccine
- health insurance in the ^(países) U.S.A.

- Work

- past = typewriters/post/letters/ Fedex/DHL
- now= digital word processing/the internet/ emails

- Crime

- CCTV (Closed-Circuit television)
- Drones
- police head-cameras.

4.-Opinión sobre:

- Eliminación del senado

- I don't know anything about politics but...
- a lot of corruption.
- Barcenas
- Bankia
- Rita Barbera
- unemployment

so....

i don't know if the senate should be eliminated but I definitely think that the way that our government and politics, need to be reviewed so that the government returns to representing the people.

- Public servants

- Look at my youtube video "the world of work"

- Education

- Look at my youtube video "education"